75 Reasons for Reading books

Compiled by



Anil Kumar Gupta Librarian KV Subathu (Ex – Librarian KV Seoni & KV Fazilka)

Why we read books? Is a question, which take us to the world of intellectual thinking with both positive and critical thinking of a work? Most of us do not know, the reasons behind reading a book. It's an intellectual effort, which create a lot in us. I have gone through so many articles and compiled the list of best reasons. Some of the reasons are as follow:-

- 1. Fueling the imagination
- 2. Staying informed
- 3. Connecting with others
- 4. Keeping culture alive
- 5. Maintaining empathetic approach

- 6. A transferable skill
- 7. Staying safe in difficult situations
- 8. Communicating positive thoughts to others
- 9. Finding the best words
- 10. Expressing your feelings
- 11. Making sense of the world
- 12. Escapism
- 13. Keeps you busy
- 14. A workout for your brain
- 15. The gift of books
- 16. Learning language
- 17. Permanence of information
- 18. Exam success
- 19. The beauty of calligraphy
- 20. A window into the soul
- 21. A glimpse into the past
- 22. Strength through collaboration
- 23. A release of emotions
- 24. A morning tradition
- 25. Being a part of things
- 26. The book was much better than the film
- 27. Cementing a friendship
- 28. Consolation

29.	Improving your writing skill
30.	Improving style of writing
31.	Taking you to the world of writers
32.	Nutrition sense
33.	Inspiration
34.	Finding facts
35.	Concentration
36.	Laying down the law
37.	Reading is a very peaceful pastime activity
38.	Winding down before bed
39.	Travelling vicariously
40.	Erudition (scholarly developed)
41.	Transnational communication
42.	A requirement for higher study
43.	It brings people together
44.	Remembering things
45.	Remembering your past self
46.	Ethics
47.	Living life to the full
48.	Gives knowledge
49.	Improves your brain
50.	Reduces stress
51.	Improves memory

52.	Develops critical thinking
53.	Build vocabulary
54.	Improves communication skill
55.	Improves focus and concentration
56.	A fruitful hobby
57.	Cheaper entertainment
58.	Motivation
59.	Improves health
60.	Build self esteem
61.	Portable entertainment
62.	Helps you sleep better
63.	Learn about another word
64.	Socialization
65.	Improves creativity
66.	Lots of choices to choose from
67.	Save money
68.	No side effects
69.	Makes you smarter
70.	Mental stimulation
71.	Creating a sense of writer
72.	Creating intellectuality
73.	Filling the dreams
74.	Making books good friends

75. Feeling comfortable in large gatherings

Above mentioned reasons can create a sense of reading in you. It's really wonderful to have a book in pocket all time. This activity of reading books take us to the world of intellectuals. This can fulfil the dreams of becoming a writer. Books are the only friends to talk any time anywhere. As we all know that books are of different tastes to satisfy our various intellectual needs.

I think above mentioned reasons are good enough to inculcate best reading habits among students and others. So be a friend of books and fill all your dreams.

Thanks for reading this article